



BIOMECHANICS CLINIC: ALEJANDRA GONZALEZ

Alejandra Gonzalez, born and raised, in Costa Rica, is a passionate horse lover and PRE breeder with a deep connection to the equestrian world. As a dedicated young horse developer and accomplished dressage competitor, Alejandra proudly represented Costa Rica as a part of the national dressage team at the Pan American Games in Santo Domingo, Dominica Republic. She also excels as an international clinician, sharing her expertise globally.

A certified 4-star Parelli Professional, Alejandra is highly skilled in natural horsemanship. She is also a 4-star Train Your Seat rider biomechanics coach, specializing in improving the connection between horse and rider. Alejandra is certified in the Franklin Method, focusing on Pelvic Floor Fascia and the shoulders, face, and neck Fascia. Additionally, she is a fascia fitness trainer and a dedicated learning skills coach.

Alejandra's approach to teaching is holistic, prioritizing the well-being of both horse and rider. She is deeply committed to creating a safe and fun learning environment where students can thrive. Her strengths are her love for horses, patience, positivity, and deep understanding of biomechanics. Alejandra is passionate about equipping her students with the tools they need to enhance their riding and horsemanship skills, always striving to make learning an enjoyable experience!

SEPTEMBER 27-29, 2024

Lecture Friday Evening 9/27 - Free to Everyone
\$150/Ride for Private or \$100/Ride for Semi-Private
Open to both English and Western Riders!



Capall Baile Stables
3400 S 143rd St. E
Wichita, KS 67232



Entry Form on the KDEA Website
www.kdea.org